

BOBBY NOURANI, D.O.

**Board Certified Neuromusculoskeletal & Osteopathic Manipulative Medicine — December 2013**

**Board Certified Family Medicine and Osteopathic Manipulative Treatment — August 2011**

**EDUCATION**

**Mercy Health Partners — October 2011-2012**

Neuromusculoskeletal Medicine — 1 year Fellowship  
Muskegon, MI

**Pacific Hospital of Long Beach — June 2008-2011**

Co-Chief Resident — June 2010-2011  
Family Medicine Residency — June 2009-2011  
Internship — June 2008-2009  
Long Beach, CA

**Midwestern University, Arizona College of Osteopathic Medicine — August 2004 - June 2008**

Doctorate of Osteopathic Medicine  
Glendale, AZ

**University of California, San Diego — June 1999-2003**

Major: Biochemistry/Cell Biology — June 2003  
Minor: Health-Care & Social Issues — June 2003  
Graduate of The Emerging Leaders Program — June 2003  
San Diego, CA

**AWARDS**

**The Osteopathic Principles in Practice Award — 2009, 2010, 2011**

Awarded yearly. In recognition of the resident who demonstrates exceptional skill in the application of osteopathic manual medicine in the practice of Family Medicine

**Certificate of Appreciation, Pacific Hospital of Long Beach — 2009**

For sincere dedication to patient care in the field of obstetrics and gynecology

**1st Place: Pacific Hospital of Long Beach Resident Research — 2009**

Awarded for laboratory research and article: *Infection Control: Comparing alcohol-based hand sanitizers to Byotrol (and chlorhexidine) in preventing the transmission of health-care associated pathogens*

**Emerging Leaders Program: University of California San Diego — 2000**

One of thirty selected individuals placed in a year long program to further advance skills in leadership and activity coordination

**MEDICAL EXPERIENCE**

**Private Practice: Bobby Nourani, D.O., Medical Corporation — December 2012 - Present**

DBA Vital Osteopathy

BOBBY NOURANI, D.O.

Neuromusculoskeletal & osteopathic manual medicine, cranial osteopathy, prolotherapy/  
regenerative injection therapy, family medicine, integrative primary care  
Santa Monica & Orange County, CA

**Tracy Zweig Associates — April 2013 - Present**

Urgent care and family medicine locum tenens  
Santa Monica & Orange County, CA

**Zambetti Medical Group — April 2013 - Present**

Urgent care positions for Lakeside Community Healthcare  
Burbank & West Covina, CA

**Join-Up Horse Sense and Healing — December 2015, June 2015**

Providing Neuromusculoskeletal medicine for veterans and their families at Monty  
Roberts Join-Up Farms resilience-building workshop. Working with veterans suffering  
from Post-Traumatic Stress.

**Hackett Hemwall Foundation: Honduras Foam Sclerotherapy and Vein Trip — March  
2014, 2015**

International medical service: Physician volunteer providing ultrasound assisted  
diagnostic and therapeutic treatment of venous disorders by liquid and foam  
sclerotherapy. Including treatment of ulcers, varicosities, incompetent veins, and  
cosmetic vein disorders

**Hackett Hemwall Foundation: Honduras Prolotherapy Trip — March 2011, 2012, 2013,  
2014, 2015**

Selected physician volunteer providing prolotherapy regenerative medicine for  
musculoskeletal joint pain. 2 weeks of hands-on intense training, treating thousands of  
Hondurans with somatic pain. Instructed by the worlds leaders in prolotherapy and PRP

**Hackett Hemwall Foundation: Guadalajara Advanced Prolotherapy Trip &  
Standardization Committee — January 2015**

Selected physician volunteer providing prolotherapy regenerative medicine for  
musculoskeletal pain. One week of hands-on advanced training and treatment. Including  
advanced techniques and anatomical review. Selected committee member for creating  
and implementing standardization of prolotherapy injection techniques for global  
teaching and training purposes.

**Hackett Hemwall Foundation: Guadalajara Advanced Prolotherapy Trip — January 2014**

Selected physician volunteer providing prolotherapy regenerative medicine for  
musculoskeletal pain. One week of hands-on advanced training and treatment. Including  
advanced techniques and anatomical review

**Mercy Health Partners — March 2012 - November 2012**

Urgent Care Physician: Infant, pediatric, adults  
Muskegon, MI

**Universal Care Medical Center — December 2009 - June 2011**

Urgent Care Physician: Infant, pediatric, adults  
Long Beach, CA

BOBBY NOURANI, D.O.

**Association of Volleyball Professionals — 2005-2014**

AVP Pro-Beach Volleyball Tournaments. Providing osteopathic manipulation and medical care on-site at the professional tournaments. Individualized treatment of professional athletes including U.S. Gold Medal Olympians. Initially started as the first osteopathic medical student providing osteopathic manipulation for the AVP. San Diego 2005, Phoenix 2007, Phoenix 2008, Long Beach 2008, Manhattan Beach 2009, Hermosa Beach 2009, Long Beach 2010, Redondo Beach 2010, Huntington Beach 2010

**Orange County Marathon — 2008**

Medical team volunteer.  
Irvine, CA

**PF Chang's Rock n' Roll Marathon — 2005, 2006**

Medical team volunteer. Osteopathic treatments of back pain, sprains, and extremity dysfunction  
Phoenix, AZ

**Reeds Lake Triathlon — 2008**

Medical team volunteer  
Grand Rapids, MI

**Foundation for International Medical Relief of Children, Costa Rica — 2005**

Medical team volunteer. Providing 3 weeks of medical aid in underserved areas of Costa Rica

**Team of Osteopathic Physicians for Students — 2005**

High school sports physicals  
Phoenix, AZ

**Surf Cup San Diego Soccer Tournament — 2005**

Medical team volunteer. Medical care and osteopathic manipulation for athletes  
San Diego, CA

**Oasis Surgery Center — 2002-2004**

Premedical intern assisting NFL San Diego Chargers orthopedic surgeons in out-patient setting. This initiated development of a formal mentorship program between Oasis Surgery Center physicians and University of California, San Diego premedical students  
San Diego, CA

**TEACHING EXPERIENCE**

**UCLA Osteopathic Medicine Jumpstart — May 2014, May 2015**

Lecturer  
Lecture Topic: Osteopathic Medicine  
University of California Los Angeles, CA

**Midwestern University, Arizona College of Osteopathic Medicine — February 2013 - Present**

Associate Clinical Professor  
Lectures, labs, and clinical training for 3<sup>rd</sup> and 4<sup>th</sup> year medical students

BOBBY NOURANI, D.O.

Glendale, AZ

**Hackett Hemwall Foundation: Honduras Prolotherapy Trip — March 2015**

Clinic Director: Olanchito, Honduras. Organization, setup, directing, teaching, and treating

Instructor: Two weeks of intensive clinical teaching of prolotherapy to physicians and medically serving the people of Honduras

**University of California Los Angeles (UCLA) 3rd Annual Student Conference for Integrative Medicine: Exploring Integrative Medicine from a Clinical to Global Scale — February 2015**

Guest Speaker: All Roads Lead to Integrative Medicine

University of California Los Angeles, CA

**Hackett Hemwall Foundation: The Anatomy, Diagnosis, and Treatment of Chronic Myofascial Pain with Prolotherapy — October 2014**

Instructor & Lecturer

Lecture Topic: Prolotherapy for the Thoracic Spine & Ribs

Madison, WI

**University of Wisconsin Department of Family Medicine Osteopathic Residency Program Statewide Workshop — November 2014**

Lecturer and Table Trainer

Lecture Topic: Low Back Pain: Clinical review, case studies, osteopathic applications and treatment

Baraboo, WI

**University of Wisconsin Department of Family Medicine — November 2014**

Lecturer

Lecture Topic: Small Intestinal Bacterial Overgrowth

**UCLA Students for Integrative Medicine — October 2014**

Lecturer

Lecture Topic: Osteopathic Medicine & Integrative Medicine

University of California Los Angeles, CA

**Integrating Osteopathy with Dentistry & Orthodontia — June 2014**

Instructor: Teaching dental and orthodontic physicians the osteopathic applications, benefits, treatments, and evaluations in dentistry

Thousand Oaks, CA

**Hackett Hemwall Foundation: Honduras Prolotherapy Trip — March 2013, 2014**

Instructor: Two weeks of intensive clinical teaching of prolotherapy to physicians and medically serving the people of Honduras

**Expanding the Osteopathic Concept into the Cranial Field: 40 hour course July 2013**

Table Trainer

Directed by Viola Frymann, D.O., Osteopathic Center for Children

San Diego, CA

**Expanding the Osteopathic Concept into the Cranial Field — February 2013**

BOBBY NOURANI, D.O.

Instructor & Lecturer  
Director: Michael Seffinger, D.O.  
Western University of Health Sciences

**A Sutural Approach to Osteopathy in the Cranial Field — August 2012**

Table Trainer  
Directors: Edward Stiles, D.O., Charles Beck, D.O.  
Indianapolis, IN

**Interface II: Linking Osteopathy and Dentistry — April 2012**

Instructor & Lecturer  
Lecture Topic: Rehabilitative injection techniques for peri-facial pain and temporomandibular disc disorder  
Directors: Darick Nordstrom, D.D.S., Tasha Turzo, D.O.  
Hollister, CA

**Palpating and Treating the Brain: The Ventricular System & the Brain Nuclei — March 2012**

Table Trainer  
Director: Bruno Chikly, M.D., D.O.  
Orlando, FL

**The Cranial Academy 40 hour Basic Cranial Course — February 2012**

Table Trainer in Training  
Director: Eric Dolgin, D.O.  
San Diego, CA

**The Inherent Motility of the Brain and Spinal Cord: Brain Parenchyma, Nuclei & Fluid — November 2010**

Table Trainer  
Director: Paul Dart, M.D.     Instructor: Bruno Chikly M.D., D.O.  
Philadelphia, PN

**Fluid Techniques for Interosseous and Embryological Articulations of the Thorax — March 2008**

Table Trainer  
Director: Bruno Chikly M.D., D.O.  
Colorado Springs, CO

**Midwestern University, Department of Osteopathic Medicine — 2005-2006**

Student Table Trainer  
Glendale, AZ

**University of California, San Diego, Physics Department — 2001**

Physics Teaching Assistant  
San Diego, AZ

**ADDITIONAL TRAINING**

BOBBY NOURANI, D.O.

**The American Association of Orthopaedic Medicine (AAOM): 32nd Annual Conference — April 2015**

The 1st World Congress on Interventional Regenerative Orthopedic Medicine (IROM)  
New Orleans, LA

**The Anatomy, Diagnosis, and Treatment of Chronic Myofascial Pain with Prolotherapy: Hackett Hemwall Foundation — October 2010, 2012, 2014, 2015**

University of Wisconsin School of Medicine and Public Health  
Madison, WI

**Foam Sclerotherapy and Vein Course, Honduras: Hackett Hemwall Foundation — March 2015, 2014**

In association with The University of Wisconsin School of Medicine and Public Health  
Madison, WI

**TEDMED — September 2014**

A global community dedicated to unlocking imagination in service of health and medicine  
San Francisco, CA

**Metabolic Endocrinology: American Academy of Anti-Aging Medicine — May 2014**

Testing, diagnosing, and treating hormonal deficiencies and dysfunctions  
Orlando, FL

**IV Symposium: American Academy of Anti-Aging Medicine — April 2014**

Diagnosing and treating to provide nutritional support  
Denver, CO

**Post-Graduate Intensive Course in Prolotherapy, Guadalajara, Mexico: Hackett Hemwall Foundation — January 2014**

In association with The University of Wisconsin School of Medicine and Public Health.  
Madison, WI

**Transforming Patient Care: Heal Thy Practice — October 2013**

Advancements in integrative medicine, medical economics, and practice management  
Long Beach, CA

**Intensive Course in Pediatric Osteopathy: American Academy of Pediatric Osteopathy — July 2013**

Advanced pediatric evaluation, diagnosis, and osteopathic treatment  
San Diego, CA

**American Academy of Osteopathy: Convocation — March 2005-2010, 2012**

Annual national conference in the field of osteopathy

**Intermediate Pediatric Course: Changing Lives, Cranial Osteopathy's Gift to Children: The Cranial Academy — February 2012**

Director: Margaret Sorrel, D.O.  
San Diego, CA

**Endobiogeny — December 2011**

Directory: Luna Leyva, M.D.

BOBBY NOURANI, D.O.

Eugene, OR

**American College of Osteopathic Family Physicians: Annual Conference — March 2011**

San Antonio, TX

**Neural Prolotherapy & Perineural Subcutaneous Injections — May 2011**

Subcutaneous therapeutic injections for peripheral neuropathic pain

Director: John Lyftogt, M.D.

Huntington Beach, CA

**Brain Level 2: Brain Tissue, Nuclei, Fluid & Reticular Alarm System — 2011**

Advanced osteopathic diagnosis and treatment

Director: Bruno Chikly M.D., D.O.

Phoenix, AZ

**Neural Prolotherapy & Perineural Subcutaneous Injections: Hackett Hemwall Foundation  
— October 2010**

Subcutaneous therapeutic injections for peripheral neuropathic pain

Director: John Lyftogt, M.D.

Madison, WI

**The Art and Science: Transformational Orthodontics — 2010**

Integrating osteopathy and dentistry

Director: Darick Nordstrom, D.D.S.

Hollister, CA

**Prolotherapy; A Comprehensive Approach: The American College of Osteopathic  
Sclerotherapeutic Pain Management — 2010**

Prolotherapy, neural therapy, mesotherapy

San Diego, CA

**Clinical Homeopathy Training Course: Beth Israel Department of Family Medicine — Nov  
2009 - June 2010**

Center for Education and Development of Clinical Homeopathy (CEDH)

Los Angeles, CA

**The Midline: Embryology, Anatomy, Organization and Function: The Cranial Academy —  
2009**

Director: Elliott Blackman D.O.

San Francisco, CA

**The Widespread Consequences of Trauma: The Osteopathic Approach to School Age Child  
and Adolescents — 2008**

Instructors: Viola Frymann D.O., Lee Rice D.O., Peter Springall Ph.D, Claude Valenti

O.D.

San Diego, CA

**Fluid Techniques for Interosseous and Embryological Articulations of the Thorax — 2008**

Instructor: Bruno Chikly M.D., D.O.

Colorado Springs, CO

BOBBY NOURANI, D.O.

**Ophthalmologic Principles and Their Relationship to Osteopathy in the Cranial Field — 2008**

Instructors: Paul Dart M.D. and Charlie Beck D.O.  
Indianapolis, IN

**The Inherent Motility of the Brain and Spinal Cord: Brain Parenchyma, Nuclei and Fluid**

Instructor: Bruno Chikly M.D., D.O.  
Phoenix, AZ

**American Osteopathic Association Convention — 2008**

San Diego, CA

**Florida Academy of Osteopathy Conference: “OMT in Daily Practice” — 2007**

Instructors: Richard VanBuskirk D.O., David Patriquin D.O., and Melicien Tettambel D.O.  
Still Technique, Women’s Health, Gas and fluid motion, back pain  
Orlando, FL

**Chapman’s Reflexes — 2006**

Instructors: Kendall Wilson D.O. and Loren Rex D.O.  
Phoenix, AZ

**Cranial Academy 40-hour Basic Cranial Course — July 2005**

Instructor: Viola Frymann D.O.  
San Diego, CA.

**Advanced Anatomy Dissection Course — 2005**

Independent study 30-hour focused anatomy shoulder dissection. Geared toward understanding shoulder OMM techniques. Final project included Powerpoint lecture and OMM laboratory palpation and practice  
Glendale, AZ

**Strain/Counterstrain and Exercise Prescription — 2004, 2005**

Director: Philip Greenman D.O.  
Tucson, AZ

**Basic Neurofascial Release Course — 2005**

Instructor: Stephen Davidson D.O.  
Glendale, AZ

**Osteopathic Center for Children, San Diego, CA — July 2003-2004**

Full-time Assistant to Viola Frymann D.O.. Pediatric osteopathic practice  
San Diego, AZ

**RESEARCH EXPERIENCE**

**Pacific Hospital of Long Beach Resident Research — 2008-2009**

Awarded for independent laboratory research and publishable article: *Infection Control: Comparing alcohol-based hand sanitizers to Byotrol (and chlorhexidine) in preventing the transmission of health-care associated pathogens*  
San Diego, CA



BOBBY NOURANI, D.O.

**Conforma Therapeutics Corporation 2002-2003**

Biotechnology laboratory research analyst. Associated with the University of California  
San Diego  
San Diego, CA

**Veterans Affairs Hospital, Department of Cardiology — 2001**

Clinical Research Assistant  
San Diego, CA

**LEADERSHIP POSITIONS & PROFESSIONAL SOCIETIES**

**The American Association of Orthopaedic Medicine — 2015 - Present**

**Hackett Hemwall Patterson Foundation — 2010 - Present**

**The Cranial Academy — 2008 - Present**

**American College of Osteopathic Family Physicians — 2008 - Present**

**American Academy of Family Practice Physicians — 2005 - Present**

**American Osteopathic Association — 2004 - Present**

**American Medical Association — 2004 - Present**

**Student Osteopathic Medical Association, Vice President — 2005-2008**

Midwestern University, Arizona College of Osteopathic Medicine  
Founder of All-Campus OMM Experience: Integrating medical students and local  
physicians with the community to expand osteopathic awareness

**The Ecology Club, Founder and President — 1998-1999**